

The Mental Health Repository



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Terms and conditions of use

1. Introduction

- 1.1 These terms and conditions shall govern your use of our website.
- 1.2 By using our website, you accept these terms and conditions in full; accordingly, if you disagree with these terms and conditions or any part of these terms and conditions, you must not use our website.

2. Credit

- 2.1 This document was created using a template from Docular (<https://docular.net>).

3. Copyright notice

- 3.1 Content and material submitted by individuals remain the property of said person.
- 3.2 Attribution 4.0 International (CC BY 4.0) 2019 The Mental Health Repository
 - (a) Attribution: You must give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so in any reasonable manner, but not in any way that suggests the licensor endorses you or your use.
 - (b) Share: You may copy and redistribute the material in any medium or format.
 - (c) Adapt: You may remix, transform, and build upon the material for any purpose, even commercially.

4. Licence to use website

- 4.1 You may not use our website for commercial purposes, and you must not substitute professional advice with this site's content.
- 4.2 We reserve the right to restrict access to areas of our website, or indeed our whole website, at our discretion; you must not circumvent or bypass, or attempt to circumvent or bypass, any access restriction measures on our website.

5. Acceptable use

- 5.1 Failure to adhere to these rules may result in being suspending or banned from the site permanently:
 - (a) No profanities and derogatory comments
 - (b) No undermining or invalidating others emotions and experience
 - (c) Respect the privacy of others (if the individual chooses to remain anonymous, do not attempt to dig for info)
 - (d) No proselytising or evangelizing
- 5.2 You may use data collected from our website to contact individuals, companies or other persons or entities if you adhere to 5.1.
- 5.3 Submissions will go through fact-checks to ensure validity. False or misleading information may be removed or corrected.

6. Registration, accounts, and user login details

- 6.1 Your user ID must not mislead and must comply with the content rules set out in in this document; you must not use your account or user ID for or in connection with the impersonation of any person.

7. Cancellation and suspension of account

7.1 Should these terms and conditions be breached, we may:

- (a) suspend your account;
- (b) cancel your account

at any time in our sole discretion.

8. Your content: licence

8.1 In these terms and conditions, "your content" means all works and materials that you submit to us or our website for storage or publication. This includes, but is not limited to, post submissions and comments.

8.5 If you breach any provision of these terms and conditions in any way, or if we reasonably suspect that you have breached these terms and conditions in any way, we may delete, unpublish or edit any or all of your content.

9. Your content: Rules

9.1 You warrant and represent that your content will comply with these terms and conditions.

9.2 Your content must not be illegal or unlawful, and must not infringe any person's rights.

9.3 Your content, and the use of your content are expected to be in accordance the following:

- (a) No profanities and derogatory comments
- (b) No undermining or invalidating others' emotions and/or experiences
- (c) Respect the privacy of others
- (d) No proselytising or evangelizing

10. Limitations and exclusions of liability

10.1 The limitations and exclusions of liability set out apply to all content

10.2 Content found on this blog must not be used to substitute professional advice and/or help.

10.3 We will not be liable to you in respect of any losses as a result of using our site if any terms and conditions are breached.

10.4 You agree that you will not bring any claim against the site in respect of any losses you suffer.

11. Breach of these terms and conditions

11.1 If you breach these terms and conditions in any way, or if we reasonably suspect that you have breached these terms and conditions in any way, we may:

- (a) send you one formal warning;
- (b) temporarily suspend your access to our website;
- (c) permanently prohibit you from accessing our website;
- (d) commence legal action against you if we have reason to suspect that you are causing, or planning to, harm another individual
- (e) suspend or delete your account on our website.

11.2 Where we suspend or prohibit or block your access to our website or a part of our website, you must not take any action to circumvent such suspension or prohibition or blocking (including without limitation creating and/or using a different account).

12. Entire agreement

12.1 These terms and conditions shall constitute the entire agreement between you and us in relation to your use of our website.

Medical information disclaimer

1. Credit

1.1 This document was created using a template from Docular (<https://docular.net>).

2. No advice

2.1 Content on this site may not be treated as medical advice in any way.

2.2 The medical information is not advice and should not be treated as such.

3. Medical assistance

4.1 You must not rely on the information on our website as an alternative to medical advice from your doctor or other professional healthcare provider.

4.2 If you have any specific questions about any medical matter, you should consult your doctor or other professional healthcare provider.

4.3 If you think you may be suffering from any medical condition, you should seek immediate medical attention.

4. Interaction with other users

5.1 Our website includes interactive features that allow users to communicate with us and each other.

5.2 You acknowledge that, because of the limited nature of communication through our website's interactive features, any assistance you may receive using any such features is likely to be incomplete.

5.3 Any assistance you may receive using any our website's interactive features does not constitute specific advice and accordingly should not be relied upon without further independent confirmation.

Linking policy

1. Introduction

- 1.1 We welcome links to our website made in accordance with the terms of this policy.
- 1.2 By using our website you agree to be bound by the provisions of this policy.

2. Credit

- 2.1 This document was created using a template from Docular (<https://docular.net>).

3. Links to our website

- 3.1 Links pointing to our website should not be misleading.
- 3.2 Appropriate link text should always be used in links pointing to our website.

4. Links from our website

- 4.1 We have no control over the contents of third-party websites, and we accept no responsibility for them or for any loss or damage that may arise from your use of them.

5. Removal of links

- 5.1 You agree that, should we request the deletion of a link to our website that is within your control, you will delete the link promptly.
- 5.2 Links may be removed upon request.

Personal Data Protection

Policies listed here were constructed based on Singapore's Personal Data Protection Act (PDPA) 2012 that governs the collection, use and disclosure of personal data by all private organisations.

1. Definitions

In this agreement, unless the context otherwise requires, the following terms shall have the meanings assigned to them below:

1.1 "We" refers to the site The Mental Health Repository with URL <http://www.MentalHealthRepository.com>

1.2 "You" refers to persons who use the services of this site

1.3 "Data" refers to information provided by, or collected from, you, including but not limited to name, email address, and correspondence records

2. Use of data

2.1. Collection of data

Data is collected when you submit any forms, contact us, visit the site, subscribe to our mailing lists, and contribute any content – including but not limited to comments and posts – to the site.

2.2 We may use your data to:

- Improve our website in order to better serve you
- Keep track of site traffic
- Allow us to service you better
- Quickly process the filling up of forms
- Ask for rating and reviews
- To follow up after correspondence
- Send regular emails
- Gather demographics for public viewing, which you can opt out from

2.3 Cookies

○ 2.3.1 Cookies may be used to compile aggregate data about site traffic and site interactions in order to offer better site experiences and tools in the future. We may also use trusted third-party services that track this information on our behalf.

3. Disclosure of data

3.1. We shall only disclose data when it is:

- Required by law or ordered by court
- Required for the purpose of fulfilling our services

3.2. You will be informed if your data is being disclosed to other entities

4. Access and collection

4.1. Upon request, we will provide information on how your personal data has been used in the past six months.

4.2. Upon request, you may edit your data

5. Protection

5.1. We will try to keep data in our personal possession, secure from unauthorised:

- access
- modification
- disclosure
- use
- copying (in any form)

6. Retention limitation

6.1. Data is retained only for as long as required to access full features of our site

6.2. Data will be destroyed upon request

7. Transfer limitation

External overseas services used will comply to personal protection policies of respective region.

8. Openness

The specific ways in which we have used data will be provided to the public upon request.

9. Do-Not-Call

We will not use data marketing calls or SMS to individuals, unless they have opted in to receive such information.

10. Third party links

Occasionally, at our discretion, we may include or offer third-party products or services on our website. These third-party sites have separate and independent privacy policies. We therefore have no responsibility or liability for the content and activities of these linked sites. Nonetheless, we seek to protect the integrity of our site and welcome any feedback about these sites.